

## OPHCC Meeting July 18, 2018

### Partner Updates

#### OlyCap-Kim

Senior nutrition meals

Please let her know if you're aware of pockets of underserved seniors

Home delivered meals need more funding

Seeking feedback on brochure, looking for volunteers

#### OMC-Donna

Leader Challenge: 100 staff accepted challenge!

Smoothie bike graphics in process thanks to First Federal grant

PDN "seen around town"

#### DSHS-Jim

5210 bulletin board. Doing "5" this month and will roll thru each number.

Partner with UW Cheryl Stray

Aug 9<sup>th</sup> 1:00-3:00 listening session

Oct 1 listening session all day on poverty

#### OMC-Tom Hightower

Joined VIMO board

HBP group running

#### Super-Marty Brewer

Hosting coffee chats. Please call to schedule

Strengths/weaknesses of community

Health is very important part of plan for social/emotional

#### PAHS-Cindy

Fun involvement in 5210

8/31 SWAP overdose

#### WSU-Victoria

"Cooking w/the seasons" PA outreach. Impacting one family at a time w/fresh produce. July-October, moving west after October.

Sharing recipes w/one another and social media is active.

#### Panacea Spa-Julia

Runs health spa, not beauty  
Chi Revolution 3 components exercise. Stress management thru breath and food.  
Naturally healing candida talk tonight  
Videos on Panacea w/recipes

Sequim Free Clinic-Patty

9/8 walk/fair-no charge, donations ok  
Ice cream social this Sunday

Jamestown-Shelly

Marketing, recruiting, staff engagement.  
Wellness program

DVCC-Sara

Great year. Number of patients increasing

Shenna

VIMO fills gaps for medical care. More long term than walk-in.  
Includes dental, behavioral health.  
Concert 8/18 at Olympic Cellars for VIMO

Lower Elwha Health Clinic-Marissa

Dietician.  
Cooking classes for adults/kids how to prepare veggies

VIMO-Sheila + Community Foundation

Focus on wellness/Nutrition or chronic diseases.  
Non-profit training

Nicole-Parenting Matters

Wednesday mornings playground playgroup. Gets people moving, social activity too.  
Mondays at Boys and Girls Club, Sequim  
Back to School Fair Sequim deadline 7/27 for booths

Prevention Works: mental health and awareness

ACES-community cafes 9/17 1:00pm PA Library

Ellen Golinsky "7 Life Skills" after school training

Mark Ozias, County Commissioner

Community issues:

1. Chris Frank resigned, but offer has been made to a local candidate

**2. BoHealth**

Mark's 3<sup>rd</sup> yr. very active group. Investigating how to strengthen vaping regulations.

3. Olympic View Community Foundation

Grant award sprouted OPHCC

If thinking about 5210, easy to make small changes

Other commissioners challenged, too

Leslee

B&GC shirts for summer lunch program

Kate-NOHN

School based clinic adding behavioral health, opiate treatment: Medical Assisted Treatment (MAT), Dental

Clinic in a new, nicer spot at PAHS

Lynn Keenan-NOHN

Manager of outreach, collaboration.

Additional site in Port Angeles just opened

Mid Aug= community health center week nationwide

NOHN= ameliorating ACES in Walla Walla visiting

Olympic Community of Health-Lisa Rey Thomas

Completing the semi-annual report

Healthy & social justice committee recruiting members. Let her know if you're interested.

Community & tribal relationships

Willing to help spread 5210 further

Andra-Sequim Food Bank

Grocery rescue program=Costco coming on board!

PA & Sequim food banks are the hubs & can distribute food to other emergency programs

Friday-Drag Queen show at 7 Cedars-all proceeds to Sequim Food Bank, Tickets at Brown Bag

Port Angeles Food Bank-Emily

In week 3 as ED. Attending lots of meetings!

Staff & Board Updates

Andra

Treasurer's Report

Asked for \$4000 from Haller Foundation

Leslee

Sequim & Port Angeles back to school events  
8/25, 8/18 10:00 -1:00

Donna

Website update: adding content, making it fresh & contemporary. Check it out!  
Trying to differentiate/explain relationship between 5210 & OPHCC  
Email events to Leslee

### New Business

Leslee

Partner Spotlight sign-up sheet circulating  
Fun Walk will have OPHCC team. All should be there!

Submitted by Rebekah Miller, OPHCC Secretary