

OPHCC  
April 2019

OMC/OPHCC: Donna Pacheco

- New 5210 leadership challenge in the works – July excitement! Seeking recruits and nominations to participate.

Near Sciences Training: Karlana Brailey

- 30 people attended the Near Sciences Training on 3/28. Half had not been trained before
- Feedback from the training is available and was distributed

OPHCC: Leslee Schultz-Francis, Executive Director

- 1<sup>st</sup> time ever at LEKT Health Fair. The smoothie bike was a huge hit!
- Exposure of 5210 and sugar math
- Wants OPHCC back for Kids' Day
- Need volunteers for Family Fun Day at PAHS Health Fair
- Looking to hire a part time Event Specialist

OMC Clinical Meetings: Donna Pacheco

- OMC will be supporting but wants others to step up to the challenge too.
- Please contact us if you can help, then we can hire more staff and continue outreach.

### **Partner Spotlight**

Lower Elwha Health Clinic: Marisa Pratt, Dietician, Diabetes Coordinator.

- Packets distributed

### **Partner Updates**

OMC: Donna Pacheco

- Eric Lewis will be presenting OMC's Strategic Plan at community forums

Sequim Free Clinic: Patty Lebowitz

- Dr. Joshua Jones speaking at WOW: "What's New in Mental Illness"

OMC/OPCC: Thom Hightower

- Webinar Food Revolution Summit. 3 ½ hour presentations on the benefits of plant based diet for health and environment.

Mosaic: Catherine McKinney

- Cooking class at waiting list. More \$ is needed for a 2<sup>nd</sup> class
- Many clients can't ready but photo recipes have worked great!
- "Fitness Strong" = yoga, rowing, Tai Chi
- Herb gardens this spring

DSHS: Jim Weatherly

- FT positions.
- PA building going through a major remodel
- New person-centered approach

DSHS: Tonja Linson

- Partnered with NOLS and now books in the lobby that clients can take

PA School District: Cindy Kelly

- PACAN – Clinic at PAHS
- 3010% increase from last year
- 42 medical visits
- 79 behavioral health visits
- Spring school tour- 2 hours by bus with lunch
- "Resilience" this Tuesday

Chamber of Commerce, Sequim School District & State Legislature: Jim Stoffer

- Social/emotional learning bills
- Food Insecurity Bill – access fruits/veggies cleared Sunday
- Special Ed- house/senate split
- Working on Sequim showing of "Resilience"

Meals for Sequim Kids: Larry Jeffryes

- Lunch debt between \$27,000 and \$30,000
- Larry also runs Facebook page "Hey What's Up in Port Angeles, Sequim..." with local and community news

NOHN: Lynn Keenan

- Dental Clinic opening 4/29
- Primarily for Medicaid, especially adults
- Scheduling now: 452-7891, walk in clinic opening soon
- PDN articles: "How to improve gut bione/oral bione"

Ari Flores Cisneros

- Her job includes identifying social determinants of health for clients

Olympic Personal Growth: Eric Evan

- New EHR coming

- SMART recovery expanding to Saturdays

WSU Gleaning: Chara

- Currently gleaning rhubarb. If you want to glean or have gardens, please contact.
- Food banks need vegetables: broccoli, cauliflower, carrots, cabbage etc.

Americorp Vista : Benji

- Prepared food recovery program, hoping to model after Thurston
- Bennies: tax cuts
- Help w/ business owner contacts, volunteers

Compassion Town Hall: Marilyn Esch

- May 4<sup>th</sup>: Compassion Town Hall
- Hope that we become a compassionate community
- Looking for organizations with compassion already in mission statement

OPCC: Mary Hogan

- ReDiscovery Program- Amy Miller
- Clinic expansion through legislature & capital for behavioral and administrative offices
- Adult vaccine program, diabetes, hypertension education

Parenting Matters and Prevention Works: Nicole Brewer

- Social, emotional health
- Increase in number of families attending at B&GC
- Read to them 15 minutes on Mondays
- Block Fest in LaPush 4/18 with Quinault Tribal School
- Already planning Sequim Back to School Event—if interested in booth, let Nicole know

Celeste Schoenhaler

- Tagging on to Sequim Free Clinic Fun Walk 9/14
- Prevention Works: Task force for child care
- Please get people connected
- 5 baby goats!

Sequim District Nurse: Sonja B

- Wants smoothie bike, sugar math
- Dr. from OPCC provided over 150 tooth health kits
- New wellness website

OCH: Celeste, new Executive Director

- 1<sup>st</sup> week October is the first Opiate Summit

Christine Dum

- Prevention Event: High in Plain Sight 4/30

Jenny Oppelt

- “Question, Persuade, Refer” training
  - To screen people for mental health, suicide
  - County paying for class

Clallam Resilience Project: Patty Waite

- Recommends “The Deepest Well” and “Resilient”

LEKT Health Dept: Jody Potter

- Opioid Response Initiative Grant
- Received free Narcan dispensers

Sequim Food Bank: Andra

- DSHS Mobil Unite on May 3<sup>rd</sup> at Food Bank
- Sequim HHC 9 agencies human services
- Culinary Arts teacher at Sequim – how to recover food
- At H4H booth
- Working with Benji

Submitted by Rebekah Miller, OPHCC Secretary