

**Olympic Peninsula Healthy Community Coalition
Partner Meeting
January 17, 2018**

The meeting opened at 1:05 p.m. at the Skills Center in Port Angeles with a welcome by Monica Dixon. This is our first meeting at the Skills Center and a huge thank you goes to the Clallam County EDC for hosting our meeting. Thank you!

Partner Update

Time was spent sharing partner updates and activities – recapping 2017 and activities set for 2018

Treasurers Report

Andra Smith gave a quick treasurers report

Introductions

Leslee Francis was introduced as our new paid contract staff. She gave a quick introduction of herself and her activities and duties as Director of Operations for OPHCC. Leslee will be paid through a grant received from the Phillips Foundation

Head Start Training

On January 12, Monica and Leslee gave a 5210 presentation in collaboration with Jefferson County Health Department. All Head Start teachers in Clallam County received the training. We are looking forward to more collaborations with Head Start in the future

Thanksgiving Dinner Update

Around 150 people were fed at our 2nd Annual Thanksgiving Meal at the Sequim Boys & Girls Club. Again, it was a huge success in spite of the city of Sequim losing power the night before. A huge “thank you” goes out to everyone who helped and volunteered their time and supplies and especially to the Sequim Walmart for supplying “goodie bags” for people to take home. We will again have the event this year and will be looking for help later in the year.

OCH Update

Planning meetings are continuing. One thing of importance is that all change plans that were previously submitted have to be redone since requirements have changed. It is a long process and hopefully will have more definite information soon.

Strategic Planning Exercise

Michelle Rhodes and Andra Smith presented the OPHCC 2018 Focus Plan. Lists were placed on the wall around the room for partners to sign up to help out

with activities and events for 2018. The Focus Plan is included in the minutes. The rest of the meeting time was spent having partners sign up to participate.

Meetings

The next meeting of the Olympic Peninsula Healthy Community Coalition will be held on Wednesday, February 21 at 1 p.m. at Nourish Restaurant

Meeting ended at 3 p.m.
Respectfully Submitted,
Andra Smith, Secretary

OPHCC 2018 Focus Plan

Mission: Forming partnerships and networks, that establish healthy choices as a standard in our community.

OPHCC will meet its mission by focusing on the following areas:

1. Food Access and Choices: Making healthy food choices starts with education, as well as access to healthy options. OPHCC will facilitate education focused on making healthy food choices and work with coalition partners to increase access to healthy food options by:
 - a. Promoting 5210 within the community at events, and through training organizational leaders in 5210 in order to disseminate this knowledge within their organization (i.e. train the trainers).
 - b. Providing training opportunities for community members that increase awareness of the benefits of healthy food choices in daily life. (Working with food banks, school districts, senior centers, early childhood educators, after school programs, etc.)
 - c. Work with partners to secure a solid plan for GRuB that ensure sustainability within our community.
 - d. Work with partners to increase opportunities for access to healthy food options within our community.
2. Exercise: OPHCC is committed to increasing the awareness within the community of the benefits of physical activity in daily lives by:
 - a. Promoting 5210 within the community at events focused on healthy living.
 - b. Create challenges for all ages that are fun, innovative and engaging and guide community members to meet exercise goals in different ways. (Cross generational, community involvement and togetherness.)
 - i. Report progress of these challenges via local media and social media outlets.
3. Mental Health: Mental health is an important aspect of overall health in our community. OPHCC will focus on bringing awareness of the importance of good mental health to overall health by:
 - a. Working with mental health professionals and agencies to create a “train the trainers” curriculum to assist coalition partners in better helping clients who may have a mental health need.
 - b. Include information on resources for mental health related help at events within the community.

OPHCC will support coalition partners’ mission in the following areas:

1. Access to Medical Care
2. Housing
3. Substance Abuse

OPHCC feels that these three areas are important for overall community health and will support coalition partners who are actively working on these areas to further their missions by promotion of events, educational materials, etc.

Events and Programs to meet our areas of focus and support:

Programs: The following programs will be ongoing projects allowing the opportunity of increasing the awareness of the benefits of a healthy community throughout the Olympic Peninsula:

1. GRuB – Work with local service organization to ensure a GRuB-like program is established in our communities on the Olympic Peninsula.
2. Educational Kit Boxes – Create boxes of educational material, including brochures, stickers, take-a-ways, displays, banners, etc. that can be provided to event organizers to showcase OPHCC, 5210, and other important health focused resources for our community.
3. 5210 – Train the trainers program – This program will be created to allow OPHCC to host training seminars for local organizational leaders about 5210 and implementation of organization wide programs to increase the awareness of and encourage staff and customers of the organization to follow 5210 in their everyday life.
4. Leadership Challenge – Create a 5210 challenge for around 10 local leaders to take for one month to showcase the challenges and success with implementing 5210 in their lives. The challenge participants will be interviewed and featured in media releases to the public.

Events: The following events will be opportunity for community outreach and education for OPHCC through 2018. We will need the help of coalition partners to help represent OPHCC at some of these events.

1. Farmer's Markets – Provide materials and information to be provided at Farmer's Markets.
2. Kiwanis Kids Fest – March 3rd @ Noon at Vern Burton Gym – Will present a display and information on 5210. **(help needed)**
3. Field Days – Sequim and Port Angeles Elementary Schools – Will work with PTA/PTO's to have information provided. We will be introducing the summer challenge similar to last year.
4. Summer Challenge – Will work with the Food Banks and Boys & Girls Club to provide information in the summer lunch and "back pack" programs, similar to last year.
5. Clallam County Fair – Display information provided to be placed in the 4-H Agriculture barn.
6. Back to School Fairs – Will present a display and pick a winner from the summer challenge. May present a back to school challenge similar to last year. These are typically in August, and we will update once we have the dates. **(help needed)**
7. Dungeness Valley Health and Wellness Clinic Fun Walk and Health Fair – Will present a display and information for attendees. Occurs in September, will provide exact date when known. **(help needed)**
8. Community Thanksgiving Dinner – This is a free to the community event prepared and hosted by OPHCC at the Boys and Girls Club in Sequim. More information on how coalition partners can get involved will be provided later in the year.
9. 5210 Trainer Workshops – These will be events hosted by OPHCC where coalition partners and community leaders will be provided the opportunity to learn how to become a 5210 lead for their organization. The knowledge and tools gained during these workshops will allow the participants to provide training and education on 5210 to their staff and customers