

OPHCC Meeting
October, 2018

Partner Spotlight

NOLT: Tom Sanford

- Been here for 28 yrs
- Focus on long-term conservation for farm, river, forest
- 56M acres conserved by land trusts across USA
- NOLT is accredited, many are not
- Lower Dungeness will always look the way it does now because of agreements
- Great place to visit is 280 acres on Lyre River: R on Reynolds off Hwy 112 (dogs ok)
- \$1M raised in Clallam Co

What can you do?

1. Help build land ethic through relationships
2. Farm Tour = 1200 people toured 2018
3. Buy local food
4. Donate
5. Watch/share video by John Gussman

Partner Updates

PA School District: Cindy

- A series of talks starting in January
- New fitness/Nutrition policy

Asst Superintendent of Sequim: Jennifer

- Healthy School grant submitted for freezer, cooking and playgrounds. \$198K
- Frozen food housed in Kent currently (during construction) not efficient!

Sequim School Board: Jim

- Looking for \$ for new facilities
- Three legislative issues:
 1. Supporting every student's safety & health
 2. School facilities
 3. Funding models

Meals for Sequim: Larry

- \$7000 raised for meal debt

- Request for snacks at Sequim Alternative School. Larry has asked Sequim Food Bank.
- Jessica suggested asking gleaners for help
- Karlena offered ideas for gleaning connections

LEKT: Marissa

- Runs 2 grants
- Diabetes Awareness Month in November
- Garden Assistant hired

OMC: Donna

- 2nd veggie audition today

Sequim Free Clinic: Patti

- Sara is in Las Vegas at a conference
- Number of patients is increasing
- Received a grant for flu shot – TELL PEOPLE!
- 2nd Tuesday in November at Trinity Church. The next is on circulatory issues.

PA Food Bank: Emily

- Awarded \$15K from Phillips for direct purchasing from farms
- Gave box of snacks to Peninsula Behavioral Health children's department

Sequim Food Bank: Samantha

- Creating pantry for middle & high schools
- Received \$5,000 for fresh produce in winter
- "Cooking w/Seasons" in West End – they need help identifying stakeholders

Olycap: Kim

- Community member donated warehouse space for distribution center
- Building supply of healthy emergency meals

YMCA:

- Friday 5210 at Jr. Lifeguard Program
- Wellness Wednesday = nutritional health as well as physical
- Newsletter – send her things partners want to know
- Exercise & Thrive – Monica spoke to cancer survivors' group
- 5:30-7:30 Zumbathon for Sequim Free Clinic

Wash. St Agriculture Dept. for Food Assistance: Jessica

- Partnership w/Olycap for senior emergency meals "CSFP"

Parenting Matters/First Teach: Nicole

- Playground play group. Rain or shine but will follow Sequim school closures in winter
- 4 new families this morning ☺
- 1st Teacher Family time on Mondays. Birth-6 years.
- 12/1 Breakfast with Santa

Prevention Works: Nicole

- Visiting author presented 2 sessions at Peninsula College on Social, Emotional, and Cognitive Development
 - 72 at afternoon for teachers
 - 75 at evening for public

Farm:

- Harvested 4 trees, pressed 50 gallons of cider
- “Pumpkins aren’t just for carving”
- Egg production down (longer nights)

Bodhi Tree Yoga: Shelley

- For 6 years, she has held a benefit for the homeless. It will be on 11/17/18
- B&GC: Yoga & sugarless Tuesday
- Meditation can be used in detention
- Wants to know how she can help community spread the word.
- Suggested to her to get volunteer list. Kim from OlyCap said to contact R.S.V.P. (Retired senior volunteer program)

Patty Waite:

- Taught Spec Ed in CA as well as art/creativity workshops for women
- Would love to teach “Wellness in Creativity”

Stephen Weber:

- Lives his passion.
- Focused on ACES & Affordable Housing.
- Wants to build low-end condos. Needs a developer/group to help him brainstorm.

Samantha Re:

Homeless youth want to chat
Profit to subsidize rent.

OMC: Tom

- Second veggie audition today: Fennel v. Beet

- Tandoori cauliflower won last month.

VIMO: Tom

- Runs hypertension clinic
- No medication will cure you
- Moving away from dairy, animal protein and toward plant based diet.

WSU: Karlana

- Submitted farm/school grant. Denied, but will resubmit.

Sequim Farmers Market: Ellie

- 2 weeks left. Great participation this summer.
- Idea for Kids Day came from OPHCC meeting!
- Senior Appreciation Day = \$2 coupon
- Accepted EBT & Market Match Program

OVCF: Sheila

- \$30,000 from Dept. of Health for flu/shingles shots
- At least 33 Nonprofits are collaborating for Giving Tuesday (including OPHCC).
Looking to find matching funds

Monica:

- \$1000 to OPHCC from Molina Community Hero Event last month
- \$18,000 from Phillips
- Leslee will be E.D. by January
- 4/27/19 Women's Health Conference.
- Molina's president committed \$1M to communities across state
- OCH found a place for OPHCC, and OPHCC will be receiving funding soon!

Thanksgiving at B&GC by reservation

- Let Leslee know if you'd like to volunteer

November meeting on the 14th in Port Angeles, OVCF is the Partner Spotlight

Minutes Submitted by Rebekah Miller, OPHCC Secretary