

OPHCC Meeting Minutes
Thursday, October 9, 2019

Meeting starts at 3:03

Presentation for Representative Derek Kilmer: Mark Ozias

- Mark Ozias kicks off the meeting by introducing OPHCC. He explains that chronic disease and illness is prevalent in Clallam County. He introduces the history of OPHCC for Representative Kilmer. What now started with a few organizations in Sequim is now a county-wide initiative with more than 50 organizations.
- Although policy change is the coalition's long-term goal, the first step is to engage individuals.
- Mark also explains the 5210 program. Representative Kilmer is very excited about this initiative.

Web We Weave Activity: Monica Dixon

- Monica introduces the Web We Weave exercise and how it is important to record the benefits of the coalition for the purposes of writing grants, preparing presentations, etc.
- Examples
 - o Monica: Met Andra through the Sequim Food Bank, which led to a partnership between quilters at Andra's church and Peninsula Behavioral Health.
 - o Elli from the Sequim Farmer's Market: Made a connection with WSU extension to set up a kid's nutrition program at the market. Also had partnerships with Olympic View Community Foundation and Molina Healthcare, among others.
 - o Jim Stoffer of the Sequim School Board, DV Chamber of Commerce, and Prevention Works!: Molina Healthcare, Sequim Free Clinic, Food Bank, City of Sequim, Meals for Sequim Kids, Boys and Girls Club, YMCA. School board works very collaboratively with YMCA and the Boys and Girls Club.
 - o Sonja school nurse for Sequim School District: Put 5210 in all the school gyms. In addition, collaborated for back to school fair, worked with the food bank, new culinary teacher is looking at the ingredients, food bank snack box for the high school. DSHS has provided more information on disability applications, YMCA has offered free memberships for middle school students, and OPCC supplied lots of oral health supplies for students in need.
 - o Michael Smith of Shipley Center: Coalition wrote a letter of support for wellness annex during funding; Coalition helped illustrate the advantages of a commercial kitchen versus donor kitchen for Annex; assisted Olympic Medical Center with battle with Medicare reimbursement; Senior information assistance with O3A; Provide Medicare information sessions; Knitters to provide hats and scarfs for the Boys and Girls Club.
 - o Andra of the Sequim Food Bank: Explained that because of the relationships made and informal partnerships within the OPHCC, allowed nine organizations to collaborate formally to create the Sequim Health and Housing Collaborative which is coming together with the City of Sequim to create a solution Hub that will promote community health and pathways to housing in a synergistic and unified approach (other Collaborative partners in attendance agreed).

- Sara of the Sequim Free Clinic: Relationships from the Coalition made our collaboration with the City of Sequim much easier. Work with the Sequim School District to allow teens to use Clinic Services – with the nurse acting as a proxy guardian so they can be treated. Some providers have met with at OMC. Molina Healthcare provides funding and smoothie bikes to the Fun Walk. Sugar math cards is now in the waiting rooms.
- Cindy Kelly Port Angeles School District: PASD with the Lower Elwha Klallam tribe. North Olympic Healthcare Network. Overdose walk. Inviting all the agencies that provide services.
- Steve of the Olympic Peninsula Boys and Girls Club: Working with DSHS regarding homeless students and foster kids. Port Angeles Food Bank comes to the Club one day a week to support kids with nutritional needs. The Club provides building for the annual Thanksgiving meal. Summer lunches for kids.
- Emily Dexter of Port Angeles Food Bank: Works closely with the Sequim Food Bank. OPCC outreach for the Rediscovery program. Doctors come in and give foods for clients to help with dietary needs. Provides food for Mosaic cooking classes. OlyCAP brings TEFAP to Clallam County. WSU Extension helps provide fresh meat and produce to the food bank. PBH and WSU Extension provides lunches in the park all summer for homeless population.
- Andra and Monica: weekend backpack program with the Sequim Independent School District.
- Joe Sharkey A&M: Cooking with the Seasons program.
- Mark: Rediscovered some overlap between CC health and human services and WSU Extension.
- Sarah of WSU Extension office: Working with farmers markets on using food stamps and benefits. Gleaning program. Finding new locations to donate produce because we have a ton of produce right now. Donating to the Boys and Girls Club, OlyCAP Senior nutrition. Strengthened relationship with the Lower Elwha Tribe—gleaning program.

Kilmer Responds

- Representative Kilmer explains he is impressed and inspired by the work of OPHCC. He explains some areas that he is working on in DC, such as protecting and expanding SNAP, healthcare and preventative healthcare, opioid care and prevention, activities for kids, participating on a vaping bill, and low income housing credit, expanding dental, hearing, and vision in Medicare.
- Kilmer opens the discussion and asks what he can do to be a good partner for OPHCC.
- Donna of OMC thanks Kilmer for being a supporter of the medical reimbursement for Medicaid.
- Jim Stoffer requests that Kilmer shares our stories when he's in DC.
- Carlos of Molina Healthcare asks to advocate for including dental care in healthcare.
- The group discusses the Affordable Care Act and Representative Kilmer acknowledges that although ACA is not perfect, he would rather work to improve it rather than get rid of it.

Photo with Representative Kilmer

Challenges and Successes

- Mary of Prevention Works!: Recent successes: 2 day compassion fatigue workshop in August. Addressing issue of childcare crisis. Weekly email update on child development, job openings, etc. Challenge: lack of funding.
- Sarah, of WSU Extension office: Success: gleaning program. Challenge—more produce than we know what to do with.
- Elli Rose of Sequim Farmers Market: Completed second year of new nutrition program. Community outreach program. Challenges: connecting with community.
- Lynn of North Olympic Healthcare Network: Successes: growing healthcare practitioners. Challenges: Seeing a need for dental care. In need of medical assistance specialist, patient service representative, etc.
- Minnie of Clallam Resilience Project United Way: October was named Resilience Month. Education about NEAR sciences. In October there will be a café in Forks about building the conversation for wellness. Upcoming NEAR sciences trainings.
- Shelly of Bodey Tree Yoga: Animal events. Volunteer work at a daycare center that takes care of Alzheimer's.
- Sara Nicholls of Sequim Free Clinic: Successes: Fun Walk. No pressing needs right now.
- Sonja Bitner of SSD: Increasing the word of the wellness program among the school district. Challenges: UW's Nick of Time Foundation. University of Washington—go out to schools and evaluate risk factors for sudden cardiac arrest among students. They originally said that Sequim is too small for that. Found someone who wanted to do a sports clinic to provide more information about health regarding sports.
- Michael Smith Shipley Center: Things are going well come eat in the café!
- Carlos Molina Healthcare
- Mosaic: Successes: Able to rally and mobilize partners in the public and private organizations. Challenges: ensuring that individuals with special needs are invested in.
- SSD: Successes: Milk dispenser in middle school.
- Larry of Meals for Sequim Kids: Successes: Raised and donated about \$10,000 to the schools to help pay for meal debts. There are laws being passed to reduce meal shaming, which may coincidentally cause debts in the schools to rise. Challenges: Complications raising money for schools while also being on the board
- Patty Waite of Parenting Matters Foundation: Program where parents and kids can come together and play together but also receiving parenting education. Challenges: the location of the program is not ideal.
- Shawna Dixon PDN and Sequim Gazette: Successes: producing stories to support our work. Challenge: in charge of 10 different sections and finding fresh voices and ideas, while also supporting nonprofit.
- Donna Pacheco Olympic Medical Center:
- Emily Dexter of Port Angeles Food Bank: Successes: Changed to the grocery store model earlier this year. Sped up wait time from 4 hours to 1 hour. CSFP and TEFAP—new food from the USDA. Challenge: physically running out of space.
- Andra Smith of Sequim Food Bank: Joe and Andra went to the Collaborative on Hunger at Baylor University to present What's happening on the Peninsula and highlight the Cooking with Seasons program.
- Mark Ozias: Need help for community help improvement plan.

- Nita of First Step Family Services: 6,000 visits a year for their facility. Childcare task force. Challenge: the need to address childcare issues in the Peninsula.
- Mary Hogan OPCC: Challenge--Vaccine program. Need more flu shots.
- Cindy Kelly PA School board: Retreat. Learning there are less people eating during the day. Challenge: that parents don't want to do the free and reduced lunch paperwork every year. Meeting with Amy Miller regarding homelessness—what can we do to help, what supplies do you need. Serving hot chocolate, coffee, cider 2 times a month to the homeless.
- Jim Stoffer Sequim School Board: Success: Chaperone for the Sister City from Japan and they left with 5210 items.

Next meeting: November 20 Sequim PUD

Meeting is adjourned at 5:02pm.

Submitted by Jessica Hackett