

OPHCC Meeting Minutes
September 2019

Welcome report: Leslie

- Attended all the Back to School fairs this year:
 - Lower Elwha: 212 served
 - Sequim: 500 served out of 900 attended
 - Port Angeles: 954 children served
- Attended free clinic fun walk this weekend.

Sequim Free Clinic: Patty

- Free Clinic Fun Walk exceeded \$35,000 goal, raised \$41,000

OMC: Donna

- Working with Shawna Dixon, agreed to feature 5210 Healthy Leader challenge in September edition of Healthy Living.
- Always looking for articles for Healthy Living / Peninsula Families Today

Community Thanksgiving Dinner: Monica

- Came about 4 years ago, last year served 180-190 meals.
- Need a kitchen production crew, have serving staff, food comes from community donations
- We need at least 2 if not 3 people accustomed to high production food kitchens
- If the crew is not in place by end of the month, meal will need to be postponed

Healthy Leader Challenge: Thank you Donna!

- Leslie: Thank you to Donna for putting in so many hours to the Healthy Leader challenge.
- Mark: Donna in a lot of ways you've been the heart and soul of this coalition, and I have no doubt we would not have the strong partnership with OMC and the other partnerships that have grown for that if it were not for your consistent dedication.
- Monica: Donna got me in front of the OMC hospital commissioners last week to talk about OPHCC. Also got me in front of the OMC Providers Symposium on Saturday, October 12th. ½ hour to talk to 80 providers from OMC across the board about what this coalition is about.

Partner Spotlight: DSHS

Jim Weatherly, Administrator for DSHS Community Services Division

- Sites in PA, Forks and Neah Bay Outstation, as well as mobile sites, can also help people over the phone
- What do we do? Life emergencies: food, shelter, medical and sustainable employment resources
- Contact for a tour if you would like to see the sites
- 60 people per day in PA, 20 on average btwn Forks and Neah Bay
- Basic Food Assistance: 4,600 (PA) 1,000 (Forks)

- WorkFirst Program: 70-80 (PA) 20-30 (Forks)
- Temporary Assistance for Needy Families 125 PA 50 Forks
- Classical Medical Assistance 2000 PA 400 Forks
- Languages: English, Spanish, Chinese, Korean
- Positive exits: January –August 2019 50 people have left services for employment. 2018: 58 left for work, 2017: 69 left for work. Well on track to breaking record this year.
- 2025 – state is hoping to reduce poverty by 50%
 - 34 recommendations have been suggested to and accepted by legislature

Web We Weave Activity: Monica

- Trying to decrease chronic disease in Clallam County, Web We Weave shows a web of all our partners and how they have collaborated in the meantime while working on the larger goal of chronic disease.
- Representative Derek Kilmer will be joining us next month, we are excited to show him the collaboration happening in Clallam County, so we are delaying it until he is here next month. Please send us the connections that you've made through OPHCC.
- Leslie: Our meeting for October will not be on the 3rd Wednesday of the month, it will be on October 9th (2nd Wednesday) from 3-5pm at the Lincoln Skills Center. Please RSVP!

Partner Updates

Sequim Food Bank: Andra

- Also on board of OPHCC as Treasurer, active partner in Peninsula Food Coalition
- Food bank very busy, school started and backpacks are in, we've transitioned to schoolyear backpacks, working on holiday meal program
- Hired new staff – Michaela is the new Operations Coordinator and in the process of hiring a warehouse manager

Guest: Karin Pease

- Branch Manager at Kitsap Bank in Sequim. Community Connections: community giving program. Something to check out in terms of asking for money from Kitsap. We're a women owned, family owned bank.

Guest: Molly (Andra's Daughter)

- Here as a guest / was at PA back to school fair representing 5210
- Just graduated with Master's in International Affairs, looking for jobs in Seattle area.

Sequim Food Bank: Michaela

- Just started less than 2 months ago, still learning faces and names.

Clallam Resilience Project, United Way of Clallam County: Minnie

- 2nd meeting, the Clallam Resilience project is about increasing knowledge of near sciences, ACEs and resiliency in Clallam and doing some trauma informed care.
- Passing out information about the connection between healthy eating and ACEs

- Started a collaborative learning academy for local agencies to participate in becoming more trauma informed, starting this month thru February
- October 1st- joining the county commissioners to proclaim October Resiliency Month
- October 21st- community café in Forks

Port Angeles Citizens Action Network: Cindy

- Just had recovery walk with Celebrate Recovery, looking for a bigger event next year so reach out to get involved

Sequim School District: Jim

- School year kicked off well, vision for this year is 2020 vision: making it the best year ever
- Currently revealing legislative priorities both locally and statewide
- Kitchen that was under remodel is now fully functional, hope to be able to provide more healthy choices for kids in their lunches

Prevention Works: Mary Wegmann

- 1st meeting, Prevention Works has been in Clallam for 21 years. Origin was group of volunteers who wanted to provide a way to bring high quality trainings to the county. Wanted to organize more education for parents.
- Working in several areas: act as a catalyst, look at prevention literature and try to think of programs we can bring to the county.
- Two recent successes- Forks School District bringing the “All Waves?” program – second looked at the social and emotional development of children.
- Child Check – has been in existence for 4 years. Last year we screened over 350 children btwn 18mo and 5years, 20% needed professional referrals.
- New task force: working on childcare. Bringing people together, we have a severe dearth of licensed appropriate childcare in county, looking at ways to get more.

County Commissioner: Mark Ozias

- Made a pitch to Clallam County board of health about importance of this work, didn’t go exactly as predicted. Realized we need to take a few steps back and do some more basic education.
- Karlena got to work strategizing with our public health officer Dr. Allison Unthank and yesterday made a presentation about chronic illness and chronic illness prevention to the board.
- End result is that the Board of Health moved to begin the development of a community health improvement plan for chronic disease prevention.

Jamestown S’Klallam Tribal Health Dept: Vicki Wallner

- Executive Assistant for Health Dept.
- Addressing proposed MAT facility, excited and proud to be working closely on this project. We understand that the project has been met by opposition and was driven by some early misinformation that was spread out to the community. Location has been a big topic for the opposition.

- Treatment program can help 8/10 people. We can help stop overdoses and stop diversion of narcotics. The number of overdoses has increased in our area.
- Working with architects on the early design phase to provide a safe, healing environment.

Jamestown Health Clinic: Kathy Salmonson

- 2nd meeting, my main focus is on wellness. I do Medicare wellness visits, focusing on that population. It's really helpful to be connected to this group to learn all the vast resources available here.

Peninsula College: Emma Jones

- Navigator for workforce programs. Many of those programs work with DSHS, working very closely with Jim and with DSHS in Jefferson. Working on food pantry in the Port Angeles campus and hoping to do the same in Forks and Jefferson County.

Sequim Free Clinic: Patty

- Last Thursday/Friday was the Washington Free and Charitable Clinics Conference in PA. Mark was one of the main speakers and spoke on collaboration of this organization. Fun to be able to follow up with different agencies throughout the state with sugar math cards, prescription pads, etc.
- Most important thing from the workshop: Claire Bishop/Seattle Foundation talking about collaboration and how we all need to advocate for each other.

OMC Commissioner: Thom Hightower

- Reflecting on what was just said: was at the Sequim public meeting. One comment from a Lieutenant in the marines "We should err on the side of compassion." Sometimes gets lost in politics.
- Just received word that federal government ruled in favor of OMC, the judge who cited some of the issues in the case- one issue brought up that there were 2,000 letters. Almost 1,800 letters came from this county alone.
- Recommends "The Game Changers" new movie by James Cameron, athletes moving away from meat based to plant based diets.
- Up for re-election, running unopposed, please consider voting for me in November.

Mosaic: Catherine

- Extremely busy, new term started last fall. Had a great opportunity to talk about SNAP Benefits at Sequim Farmer's Market. Our population, a lot of them have food stamps and this gives them more money and power as well as better food choices.
- This group is helping me become more conversant in our community programs and what they do. A lot of participants and families ask questions about other organizations, so hearing what you're doing helps us better serve that population.
- Saturday, monthly dance at St. Andrews
- October, our yearly fundraiser: the Mosaic Masquerade
- Two cooking classes this term because of how popular it's been, emphasizing 5210 and then moving forward are breaking down those components to make it more accessible

Shipley Center: Michael

- Just had an open house and Mark Ozias was one of two of 30 who were invited who showed up to the senior center for the open house. Thank you!
- Appreciate referrals when you run across seniors who have needs to be more social, more connected. Getting out and doing things with others is a predictor of longevity.
- Letters to CMS, we sent out an email to 1800 members with a suggested text and letter, I think a lot of those letters came from Sequim seniors, many of whom were members of our center.
- Building a building across the street- recently added about 2,000 sq ft to the plans. More instructional area, larger kitchen, larger lobby area. More comfortable space, we're at about 1.5 million in our budget. Will have some room to expand the building if we need to, we will be applying for grants as soon as drawings are redone.
- Looking for a bookkeeper

OMC: Donna

- Site neutral is the most exciting news. Monica getting in front of providers. Things are great!

OPHCC: Monica

- We finalized the MOU. OMC has been wanting to help fund the work of this coalition by getting more boots on the ground, so OMC was committed to providing some funding but wanted to share the love with other organizations. Jamestown, PBH, Elwha and Forks community hospital have jumped on board and signed a \$47,500 per year for four years.
- Got to spend a month in 9 countries in July/August, we rode our tandems from Paris to Amsterdam and then went to Scandinavia. Major highways with one lane for car and two lanes for bikes. \$28 for price of cigarettes, they were hidden, dead fetus on the box. \$48 for two glasses of wine. Super active stance to keep population healthy.

PBH: Rebekah

- New Youth Services Center opened last month, if you'd like to come by I'd love to show you
- Janelle at Joyce Farmer's Market was getting some permitting heat, and due to some connections in this room we were able to make it happen

Parenting Matters: Patty

- Just started our return to our First Teacher Family Time, happening every Monday morning at Boys and Girls club, a time for parents to come with kids not yet in school and do some free play, interact with parents, community members come in and read to the kids, etc.
- Parenting Matters has also taken over the Sequim Pre-3 Cooperative Preschool, Tuesday and Friday mornings at Boys and Girls club, parents with kids ages 10mo to 3.5 years. Pre-preschool to get kids in the routine of being in the room with the other kids. Parents and kids separate and parents work on parenting issues. Program does have a fee connected to it.

- Also working with Sequim Health and Housing Cooperative and Clallam Resilience project and trying to get a showing of the Resilience film in Sequim.
- If you need any building supplies, October 5th Parenting Matters will be recipient of 5% of sales from Hartnagel and Angeles Millworks

Play = Peace: Mary Alice Long

- 1st meeting: live in PA, huge collaborator and honored to be here. Background in parent/health education, social work, psychology and the arts. Started Play=Peace, is all about play, yes and action.
- Would really like to do some new arts and community/healing arts initiatives. Things like creative aging intergenerational programs, have been developing a performance series which involves storytelling, live art and improvisational music. Specific play group she would love to bring to the recovery community, lots of similar initiatives.
- Also on the board of Juan de Fuca Arts Foundation

OPCC/VIMO: Mary

- 6 dental clinics in the last 7 days, when our dentist isn't working at the tribe he's working for us. Just out of school, did his internship as an oral surgeon, is a wonderful person. We had 700 people on our list who needed dental care and he is really helping us narrow down that list.
- Mary going to be leaving OPCC in next few months.

Olympic Community of Health: Amy Brandt

- Newest addition, joined a month ago as Communications Specialist
- Two big updates: had 3rd annual opioid response summit on Friday. 250 registered, not sure how many attended but was a huge success. Karlena Brady has been voted on to our board of directors.

OlyCAP: Melva

- Nutrition Coordinator, I'm happy to announce we finally found a place for the Sequim Congregant Meals. It will be in the old Dungeoness Schoolhouse. Opening the 1st of October. Lunch on Tuesday, Wednesday and Friday. Having a salad bar which is a new addition.
- Last night had the opportunity to cook for PA, we had 42 for our congregant meals on Friday.
- Home deliver program going great, sent out 374 meals for home delivery last week

Sequim Free Clinic: Sara

- Executive director of Sequim Free Clinic, thanks to everyone who participated in our funwalk this weekend as part of 5210 team. We raised \$41,500
- OMC always a big presence, we had massage, we had a great event.
- State conference for Free & Charitable Clinics in PA, Mark did an amazing job talking about 5210 and collaboration. That was a key word throughout the conference. Reaching out to other Washington clinics to collaborate

WSU Extension and Compassion Clallam: Benji

- Compassion Clallam, first little free pantry installed on Cherry Street. Will reach out to this group with an actual location once they're ready for visitors to come by. If you know people with carpentry skills, can donate food, can sponsor location, please reach out to me.
- Next week is last week of Friday lunches

WSU Extension and OPHCC: Karlana

- As we get the details with Dr. Unthank we will be putting out a call for those who want to serve on the taskforce to dive into some of the data from the most recent health assessment.
- This is the time of abundance, contact Sarah, Andra, about apples and Asian pears

WSU: Victoria

- SNAP educator / Lower Elwha outreach – last year we did 6 gleans and only had 8 gleaners, this year we've had 11 gleans and 14 adult gleaners, 2 senior gleaners and 18 underage gleaners.

Submitted by Jessica Hackett