

OPHCC Meeting Minutes February 2020

Mark welcomed everyone to the meeting

Old Business:

- Slots left available for Partner Spotlights in 2020
- Check meeting locations for 2020; meeting in Forks in May and September

New Business:

Mosaic Health Fair - Saturday, February 22nd

- Smoothie bike will be there

Kids Fest - March 7th, Vern Burton Center in Port Angeles

- All student volunteers

General OPHCC events:

- Looking for a driver for events who can help transport the smoothie bike to/from events
- Looking for additional events coordinators - Kristina Holltrop is a new OPHCC employee in charge of event coordination.

Partner Spotlight: Prevention Works!

Tracey Hosselkus, Program Coordinator

- "An all-volunteer community coalition of Clallam County"
- Mission: Promotes positive childhoods in Clallam
- Vision: All children of Clallam County will thrive
- "Child Check" program: free screening for social, emotional and behavioral concerns in kids 18mo to 5 years. Provided through Lutheran Community Services
- Focus age group is birth - 12, also a lot of programs for parents
- Strategic priorities for 2019-2021
 - Address child care crisis
 - Inform public about need to increase local options for child care
 - Expand quantity of quality child care options in our county
 - Increase local training opportunities for child care staff
 - Raise community awareness of core concepts of child development
 - Increase knowledge of ACES and Near Science
 - Provide relevant trainings and workshops for the community
- New email: info@pw4kids.org
- New website: www.pw4kids.org
 - Now includes searchable early learning directory
- Support the expansion of effective updated parent/family education programs (school district involvement)

New PSE (Policy, Systems and Environmental Change) Exercise: Donna Pacheco

- Using this method to feed into our reporting requirements for funding
- How are we making a difference in our community and meeting the goals of OPHCC?
- Recording every month rather than trying to complete “The Web We Weave” at the end of the year

PSE Check-In

- (5210) OPHCC- Kids Fest / Mosaic Healthcare Fare
- (5210) OMC - Kids Fest
- (5210) PBH - OPHCC viral “No Soda November” post in annual report
- (Connections) Sequim Free Clinic & Prevention Works! = Fun Walk
- (Connections) OMC opening Autism Clinic= many mental health partners interested
- (5210) OMC= CHIP program, strategic plan addressing wellness
- (Connections) PASD = New Growth brochures to district + invite to OPHCC
- (Systems) WSU & Farmers Market & Compassion Clallam = building little free pantries
- (Connections) YMCA & Free Swim Lessons for second grade students
- (Connections) UW moved into PSAD office building
- (Connections) Shipley Center → sending staff to PBH Mental Health First Aid training

Partner Updates

Ken Stringer, President, Olympic Peninsula Bicycle Alliance

- Started in 2017
- Mission: make the entire Peninsula cyclist safe, cyclist friendly
- Sponsoring the Rolling Sunshine ride at Sequim’s 1st Annual Sunshine Festival
- May: 3rd Annual Bike Rodeo (teaching kids from 3-5th grade to become more confident, safer cyclists)
- August: Tour de Lavender (started 7 years ago) - last year 822 riders participated. Shooting for 1,000 this year -- has become the largest cycling event on the Peninsula

Jessica Hackett, Peninsula Behavioral Health

- 2019 Annual Report has been released
- March 20th: 10th Annual Gala featuring author Stephanie Land

Sara Nicholls, Sequim Free Clinic

- Fun Walk is coming up on September 12th - want an OPHCC team again
- “WOW” Forum in February : Barb Pascall, 130 people came

Mary Hogan, OMC/Children’s Clinic Supervisor

- Started 2 new programs this year:
 - Walk-in clinic from 10AM-4PM every day
 - Autism assessment program (closest place to get this is Seattle Children’s hospital and they have 18 month waiting list)

Thom Hightower, OMC Commissioner

- Thank you to everyone who voted for me!
- OMC Strategic Plan for 2020: one of the focuses is population health with lifestyle and medicine as a focus of that. Growing out of the 5210 effort - looking at additional programs that encourage healthy lifestyles

Sharah Truett, WSU Gleaning Program

- Nothing being harvested right now - May/June is when we ramp up

Patty Lebowitz, Sequim Free Clinic / Sequim Food Bank / OPHCC

- Spent week last week watching the Washington Nonprofit webinar on paying people: there are new laws regarding salary.

Tien Vo and Allison Williams, New Growth Counseling Services

- Mental Health Therapists (1st meeting) here to learn more about community resources
- Looking to provide additional trainings for therapists in Clallam County

Cindy Kelly, Port Angeles School Board / PACAN

- Thank you to everyone who supported the school levy
- March 18th: Potlatch Celebration

Jim Stoffer, Sequim School Board

- Tomorrow night the Sequim School District has a forum on bonds and levy at 6PM
- Tuesday: Sequim Chamber has Citizen of the Year luncheon

Olympic Peninsula Chapter of Washington Association for the Education of Young Children

- Training on March 14th that will be "Music with Mar" from 8AM to 5PM
- Childcare providers get stars hours for this
- Night before- 6-7 @ Jefferson Elementary, concert for kids

Russ Britton, Dungeness Valley Lutheran Church

- Recently added to the PBH board
- Advocate for Census 2020!
- Our location hosts the Sequim Branch of Clallam Mosaic
- Collect monthly for Sequim Food Bank
- Communities of Faith can be helpful in getting your information out!

Mark Ozias

- Census Day is April 1st
- Census online portal opens March 12th

Elli Rose, Sequim Farmers Market

- Market opens 2nd week of May
- This year is 25th anniversary, will be celebrating on Friday, June 26th

- “Fresh Bucks” market match program through USDA grant funding, are being replaced this year by Washington State Health Department Market Match
- Continuing kids days and senior appreciation days this year

Andra Smith, Sequim Food Bank

- Last year we had over 12,800 visits to the food bank
- Over 5,300 weekend meal bags were served to students
- Cooking with Seasons classes extended one more year

Benji Astrachan, WSU Extension

- Transitioning to Farm to School Coordinator at WSU
- Working with Compassion Clallam on Little Free Pantries - building more on March 14th as well as collecting food items
- PA Food Bank has new hours: every Monday open to 6pm

Lauren Dietemann, WSU Extension

- New Americorp Vista Coordinator

Kristina Holtrop, OPHCC Events

- Experience with booth events and action council working with Planned Parenthood
- Just became new chair of Clallam County Young Democrats Health and Safety sub committee

James Sessions, Sequim YMCA

- Pushing 5210 for all of our members
- Free swim lessons for 2nd grade children
- 7th graders get free membership
- “Thrive to Survive” program for cancer patients

Michael Smith, Shipley Center (Senior Center in Sequim)

- Seniors yesterday had presentation by Mark Pascall on healthy living
- Series of articles in our newsletter called “Isolation, Loneliness and Suicide Prevention”
- Trying to avoid seniors being taken advantage of financially / how to avoid scams
- Three staff members are going to MHFA class on March 6th
- Continuing to work on Health & Wellness Annex

Donna Pacheco, OMC

- Eric Lewis has announced retirement
- Amanda Bacon does a signing presentation - creating a “5210” song

Amy Brandt, Olympic Community of Health

- Gearing up for spring site visits
- Building a social determinants of health assessment
- June event: open to the public “The Power of Place”

- Finalized events for 2020 - on the website <https://www.olympicch.org/>

Kristin Halberg, Owner of Dream Hatchery

- Coming out of sabbatical and reaching out to community
- Social engineer dedicated to women and the planet
- Working with women- body, mind, spirit alignment
- Self-judgement detox: 30 day challenge to catch judgmental thoughts
- <https://www.thedreamhatchery.com/>

Walter Sive, Walter Sive Consulting / Nature Bridge

- Provides consultation for healthcare firms
- Chair of the Board of Nature Bridge Olympic

Barbara Stegman Mitchell, Olympic Climate Action

- Retired from lifetime in pediatric care
- US Call to Action on Climate Health and Equity, looking for endorsing entities for this call to action: www.climatehealthaction.org (contact: Wendy Cook)

Sonja Bittner, Sequim School District

- Looking for toothbrushes

Catherine McKinney, Mosaic

- Health Fair coming up on Saturday - 2nd try, geared towards families, especially those with special needs and developmental disabilities

Patty Waite, Parenting Matters Foundation

- Put out a parenting newsletter every month - 9 different versions specific to areas, age groups and language needs
- Patty transitioning out of role as ED, but will still be involved in a different capacity

Julie Hatch, Kitsap Bank

- March 7th: Sun Fun Color Run (Sequim) - ending the day with a 100 drone light show

Carrie Eaton, Kitsap Bank

- In process of finishing a Master's Degree in Integrated Health and Wellness, studying to be a board certified health and wellness coach

Kathy McClintock and Mary Benavides, NAMI Clallam County

- Main goals are to support, educate and advocate -- working to fight stigmas of mental illness
- Meeting tomorrow at 5:30 at OMC in basement, looking for others to join our board.
- Family Support Groups: Thursday Meeting @ PBH

Jennifer O'Connor, Jamestown Family Health Clinic

- Transitional Care Manager, trying to follow up with patients after they have recieved care

Vicki Gross, Community Health Nurse Lower Elwha Klallam Tribe

- April 8th: Spring into Wellness/Walk into Wellness event (and blood drive)

Next Meeting: Wednesday, March 18th in the KSQM Community Meeting Room

Submitted by Jessica Hackett